

**Established Inflammatory Arthritis**

- Utilise Self Management plan (Provided by MSK service in collaboration with patient)
- Shared care arrangements for DMARDS including blood monitoring as appropriate
- Patient education via MSK patient portal
- Review analgesia

**Refer to Integrated MSK Service**

- For ongoing shared care
- Rapid access via telephone or email advice and guidance for flares or DMARD concerns
- Patient education group if not already attended

Please note that any patient currently being seen at BSUH or SaSH will automatically transfer to the new integrated MSK service.